

[Please refer to the Undergraduate Catalog for further program requirements and course descriptions.](#)

First Year – 32-39 Hours			
Fall Semester:	Hrs	Spring Semester:	Hrs
HHP 0021: <i>Concepts of Wellness</i>	1	HHP Activity Course	1
Writing and Communication	3-4	HHP 1000: <i>Personal Health</i>	3
Humanities and Fine Arts	3-4	Writing and Communication	3
Humanities and Fine Arts	3-4	Humanities and Fine Arts	3-4
Behavioral and Social Science	3	Humanities and Fine Arts	3-4
Quantitative Reasoning	3-4	Individual and Global Citizenship	3-4
	16-20		16-19
Second Year – 32-33 Hours			
Fall Semester:	Hrs	Spring Semester:	Hrs
EDUC 2010: <i>Education in the US</i>	3	EDUC 2200: <i>Survey of Exceptional Learners</i>	3
HHP 2010: <i>Intro to Teaching Health & PE K-12</i>	3	EDUC 2420: <i>Adolescent Development</i>	3
HHP 2300: <i>Anatomical & Physiological Basis of Movement</i>	4	HHP 2015: <i>Curriculum & Assessment in Health & PE</i>	3
Natural Science without Lab	3	HHP 2040: <i>Adaptive Recreation</i>	1
Behavioral and Social Science	3	HHP 3020: <i>School Health Program</i>	3
		Quantitative Reasoning	3-4
	16		16-17
Third Year – 33 Hours			
Fall Semester:	Hrs	Spring Semester:	Hrs
HHP 2090: <i>Teaching Fitness in Health & PE K-12</i>	2	EDUC 3900: <i>Field Experience</i>	1
HHP 2160: <i>Team Sports & Games</i>	2	HHP 1010: <i>First Aid & CPR</i>	1
HHP 3300: <i>Physical Education in Elementary School</i>	3	HHP 2170: <i>Individual Sports & Games</i>	2
HHP 3640: <i>Sociology of Sport</i> or HHP 4040: <i>Motor Learning for Educators & Clinician *</i>	3	3170: <i>Exercise Physiology</i> or HHP 4040: <i>Motor Learning for Educators & Clinicians *</i>	3
HHP 4510: <i>Human Sexuality & Family Impact</i>	3	HHP 3280: <i>Kinesiology of Exercise</i>	3
Natural Science with Lab	4	HHP 3310: <i>Physical Education in Secondary School</i>	3
		HHP 4530: <i>Substance Use & Abuse</i>	3
	17		16
Fourth Year – 24 Hours			
Fall Semester:	Hrs	Spring Semester:	Hrs
EDUC 4320: <i>Residency I</i>	6	EDUC 4420: <i>Professional Seminar</i>	2
EDUC 4335: <i>Designing Instruction & Assessment</i>	3	EDUC 4445: <i>Residency II in Visual & Perf. Arts, Health & PE K-12</i>	10
HHP 4420: <i>Senior Seminar in Health & PE K-12</i>	3		
	12		12

* Choose one from either HHP 3640 (fall) or 3170 (spring). HHP 4040 is required to be taken in the other semester.

Completed:			
Graduation Requirements:	Hrs	Degree Requirements:	Hrs
121 Total Hours		40-48 General Education Hours	
39 Upper Division (3000-4000) Hours		81 Program (Major) Hours	
30 Hours at UTC		Minor (<i>Not Required</i>)	
45 Hours at 4-year Institution		Elective Hours (<i>Not Required</i>)	
		Foreign Language (<i>Not Required</i>)	