Please see the Courses section of this catalog for complete course descriptions.

## Freshman Year

- Meet with Academic Advisor two times each semester.
- Go to every class. Contact your instructor if you are absent.
- Devote enough time to your studies and think about course materials and how they apply to your life.
- Become actively involved in at least one co-curricular activity.

| Fall Semester: | Hrs | Spring Semester: | Hrs |
| :--- | :--- | :--- | :--- |
| ESC 1500/1500L | 4 | ESC 1510/1510L | 4 |
| BIOL 1110/1110L | 4 | BIOL 1120/1120L | 4 |
| CHEM 1110/1110L | 4 | CHEM 1120/1120L | 4 |
| MATH 1130 or MATH 1830 | 3 | MATH 1830 (if not taken in Fall) | 3 |
| ENGL 1010 | 3 | ENGL 1020 | 3 |
|  | 18 |  | 18 |

## Sophomore Year

- Using MyMocsDegree, create course plan for your remaining degree requirements.
- Involve yourself in learning opportunities that are challenging and relevant.

| Fall Semester: | Hrs | Spring Semester: | Hrs |
| :--- | :--- | :--- | :--- |
| ENGL 2820 | 3 | Fine Arts and Humanities Subcategory | 3 |
| MATH 2100 | 3 | BIOL 3060/3070 | 4 |
| ESC 3400 (or 3600 or 4520) | $3-4$ | GEOG 2210 | 3 |
| CHEM 3010/3010L | 4 | CHEM 3020/3020L | 4 |
| BIOL 1130 | 3 | BIOL 3250 | 3 |
|  | $16-17$ |  | 17 |
| Junior Year |  |  |  |

- Participate in study abroad, leadership opportunities, service learning, civic engagement, internships, research projects, and other learning opportunities.
- Develop your job or graduate school strategy.
- Update your graduation plan as necessary.

| Fall Semester: | Hrs | Spring Semester: | Hrs |
| :--- | :--- | :--- | :--- |
| Environmental Health Elective | $3-4$ | Environmental Health Elective | $3-4$ |
| CHEM 3210 | 4 | BIOL 3350 | 3 |
| Behavioral and Social Sciences | 3 | BIOL 4220 | 4 |
| Non-Western Culture | 3 | Fine Arts and Humanities Subcategory | 3 |
|  |  |  | $13-14$ |
|  | $13-14$ |  |  |

## Senior Year

- Participate in a capstone experience related to your field of study.
- See additional learning activities aligned with your plans after graduation
- Implement the job or graduate school strategy you developed during your junior year.
- Complete your Graduation application with the Records Office.

| Fall Semester: | Hrs | Spring Semester: | Hrs |
| :--- | :--- | :--- | :--- |
| Senior Experience | 2 | ESC 4100 | 3 |
| Environmental Health Elective | 4 | ESC 4840 | 3 |
| Fine Arts and Humanities Subcategory | 3 | Fine Arts and Humanities Subcategory | 3 |
| Behavioral and Social Sciences | 3 | Elective | 3 |
|  |  |  | 12 |
|  | 12 |  |  |

