

## Worksheet for Using Practice Guidelines

University of Alberta EBM Toolkit

### CITATION

### ARE THE RECOMMENDATIONS VALID?

1. Were all important options and outcomes clearly specified?

Yes       No       Can't Tell

2. Was an explicit and sensible process used to identify, select, and combine evidence

Yes       No       Can't Tell

3. Was an explicit and sensible process used to consider the relative value of different outcomes?

Yes       No       Can't Tell

4. Is the guideline likely to account for important recent developments?

Yes       No       Can't Tell

5. Has the guideline been subject to peer review and testing?

Yes       No       Can't Tell

6. Overall, is the guideline valid?

**WHAT ARE THE RECOMMENDATIONS?**

1. Are practical, clinically important, recommendations made?

Yes       No       Can't Tell

2. How strong are the recommendations?

3. What is the impact of uncertainty associated with the evidence and values used in the guidelines?

**WILL THE RECOMMENDATIONS HELP YOU IN CARING FOR PATIENTS?**

1. Is the primary objective of the guideline consistent with your objective?

Yes       No       Can't Tell

2. Are the recommendations applicable to your patients?

Yes       No       Can't Tell

3. What is the magnitude of the risk?

Yes       No       Can't Tell

- Absolute risk increase (and its reciprocal)?

4. Should I attempt to stop the exposure?

Yes       No       Can't Tell

- Strength of evidence?
- Magnitude of risk?
- Adverse effects of reducing exposure?