

[Please refer to the Undergraduate Catalog for further program requirements and course descriptions.](#)

| First Year – 31-32 Hours | | | |
|--|------------|--|------------|
| Fall Semester: | Hrs | Spring Semester: | Hrs |
| HHP 0021: <i>Concepts of Wellness</i> | 1 | HHP 1000: <i>Personal Health</i> | 3 |
| PSY 1010: <i>Intro to Psychology</i> | 3 | Mathematics | 3 |
| ENGL 1010 or 1011 (Rhetoric and Writing I) | 3-4 | ENGL 1020 or HIST 2100 (Rhetoric and Writing II) | 3 |
| FAH: Historical Understanding | 3 | FAH: Visual and Performing Arts | 3 |
| FAH: Literature | 3 | Non-Western Culture | 3 |
| FAH: Thought, Values and Beliefs | 3 | | |
| | 16-17 | | 15 |
| Second Year – 32 Hours | | | |
| Fall Semester: | Hrs | Spring Semester: | Hrs |
| EDUC 2010: <i>Education in the US</i> | 3 | EDUC 2200: <i>Survey of Exceptional Learners</i> | 3 |
| HHP 2010: <i>Intro to Teaching Health & Physical Education</i> | 3 | HHP 2170: <i>Individual Sports & Games</i> | 3 |
| HHP 2160: <i>Team Sports & Games</i> | 3 | HHP 3020: <i>School Health Program</i> | 3 |
| HHP 1010: <i>Community First Aid & Safety</i> | 1 | PSY 2210: <i>The Psychology of Child Development</i> | 3 |
| Natural Science without Lab | 3 | Natural Science with Lab | 4 |
| Behavioral and Social Science | 3 | | |
| | 16 | | 16 |
| Third Year – 30 Hours | | | |
| Fall Semester: | Hrs | Spring Semester: | Hrs |
| HHP 2090: <i>Physical Fitness</i> | 2 | HHP 3180: <i>Kinesiology</i> | 3 |
| HHP 2300: <i>Applied Anatomy & Physiology</i> | 4 | HHP 4040: <i>Motor Learning</i> | 3 |
| HHP 3300: <i>Physical Education in Elementary School</i> | 3 | HHP 4510: <i>Family Life Studies</i> | 3 |
| HHP 3640: <i>Sociology of Sport</i> | 3 | HHP 4520: <i>Problems in Health: Aging and Death Ed.</i> | 3 |
| Statistics | 3 | HHP 4530: <i>Substance Use, Misuse & Abuse</i> | 3 |
| | 15 | | 15 |
| Fourth Year – 27 Hours | | | |
| Fall Semester: | Hrs | Spring Semester: | Hrs |
| EDUC 4320: <i>Residency I</i> | 6 | EDUC 4445: <i>Residency II</i> | 10 |
| EDUC 4335: <i>Designing Instruction & Assessment</i> | 3 | EDUC 4420: <i>Professional Seminar</i> | 2 |
| HHP 3170: <i>Exercise Physiology</i> | 3 | | |
| HHP 4310: <i>Teaching Strategies and Materials in ExSci and Health</i> | 3 | | |
| | 15 | | 12 |

| Completed: | | | |
|--------------------------------------|------------|--|------------|
| Graduation Requirements: | Hrs | Degree Requirements: | Hrs |
| 120 Total Hours | | 37-38 General Education Hours | |
| 39 Upper Division (3000-4000) Hours* | | 83 Program (Major) Hours | |
| 30 Hours at UTC | | Minor (<i>Not Required</i>) | |
| 60 Hours at 4-year Institution | | Elective Hours (<i>Not Required</i>) | |
| | | Foreign Language (<i>Not Required</i>) | |