

[Please see the Courses section of this catalog for complete course descriptions.](#)

<b>First Year – 31-21 Hours</b>			
<b>Fall Semester:</b>	<b>Hrs</b>	<b>Spring Semester:</b>	<b>Hrs</b>
HHP 0021: <i>Concepts of Wellness</i>	1	HHP 1000: <i>Personal Health</i>	3
PSY 1010: <i>Intro to Psychology</i>	3	Mathematics	3
ENGL 1010 or 1011 (Rhetoric and Writing I)	3-4	ENGL 1020 or HIST 2100 (Rhetoric and Writing II)	3
FAH: Historical Understanding	3	FAH: Visual and Performing Arts	3
FAH: Literature	3	Non-Western Culture	3
FAH: Thought, Values and Beliefs	3		
	16-17		15
<b>Second Year – 32 Hours</b>			
<b>Fall Semester:</b>	<b>Hrs</b>	<b>Spring Semester:</b>	<b>Hrs</b>
EDUC 2010: <i>Education in the US</i>	3	EDUC 2200: <i>Survey of Exceptional Learners</i>	3
HHP 2010: <i>Intro to Teaching Health &amp; Physical Education</i>	3	HHP 2170: <i>Individual Sports &amp; Games</i>	3
HHP 2160: <i>Team Sports &amp; Games</i>	3	HHP 3020: <i>School Health Program</i>	3
HHP 1010: <i>Community First Aid &amp; Safety</i>	1	PSY 2210: <i>The Psychology of Child Development</i>	3
Natural Science without Lab	3	Natural Science with Lab	4
Behavioral and Social Science	3		
	16		16
<b>Third Year – 30 Hours</b>			
<b>Fall Semester:</b>	<b>Hrs</b>	<b>Spring Semester:</b>	<b>Hrs</b>
HHP 2090: <i>Physical Fitness</i>	2	HHP 3500: <i>Biomechanics</i>	3
HHP 2300: <i>Applied Anatomy &amp; Physiology</i>	4	HHP 3100: <i>Applied Research Methods</i>	3
HHP 3300: <i>Physical Education in Elementary School</i>	3	HHP 4040: <i>Motor Learning</i>	3
HHP 3640: <i>Sociology of Sport</i>	3	HHP 4520: <i>Problems in Health: Aging and Death Ed.</i>	3
Statistics	3	HHP 4530: <i>Substance Use, Misuse &amp; Abuse</i>	3
	15		15
<b>Fourth Year – 27 Hours</b>			
<b>Fall Semester:</b>	<b>Hrs</b>	<b>Spring Semester:</b>	<b>Hrs</b>
EDUC 4335: <i>Designing Instruction &amp; Assessment</i>	3	EDUC 4445: <i>Residency II</i>	10
HHP 4510: <i>Family Life Studies</i>	3	EDUC 4420: <i>Professional Seminar</i>	2
HHP 3170: <i>Exercise Physiology</i>	3		
HHP 4310: <i>Teach. Strategies &amp; Materials in Ex Sci/Health</i>	3		
HHP 3960: <i>Practicum in Health &amp; Physical Education</i>	2		
HHP Activity Elective	1		
	15		12

<b>Completed:</b>			
<b>Graduation Requirements:</b>	<b>Hrs</b>	<b>Degree Requirements:</b>	<b>Hrs</b>
120 Total Hours		37-38 General Education Hours	
39 Upper Division (3000-4000) Hours*		83 Program (Major) Hours	
30 Hours at UTC		Minor ( <i>Not Required</i> )	
60 Hours at 4-year Institution		Elective Hours ( <i>Not Required</i> )	
		Foreign Language ( <i>Not Required</i> )	